Poona Faith Community Church (PFCC)

Address: Harbour House, Gulmohar Park, Ghorpadi, Pune-411 001, We're on the Web www.pfccindia.org

Announcements

Events for the month of February

- Sunday, 2nd Feb 2014 New Comers Luncheon
 - Immediately after the Service
- Sunday, 9th Feb 2014 **Prophetic Sunday** 10:30 am
- Sunday, 16th Feb 2014 Valentine's day A PORT EVENT at 7 pm - Harbour House Atrium

NEED HELP?? COUNSELLING HELP IS AVAILABLE AT PFCC

Based on biblical principles at the same time seeking the guidance of the Holy Spirit in dealing with issues like Studies, Marriage, Behaviour, Job, Depression, Debt, Family, Grief etc. We maintain confidentiality in each case.





Please contact Col. Jairaj Bala (Retd) and fix an appointment.

Mobile: 9850154108.

For queries contact; Onithick +91-9823494800 or Jose +91-9960275221

Love God and Love People

This Bulletin is for Private Circulation Only

THE POONA FAITH COMMUNITY CHURCH

JANUARY 2014

INSIDE

Page



CHOOSE THE WAY YOU SHOULD GO

INSIDE	Page
Humor	3
Early Church Fathers	4,5
Faith of our Fathers	6
Health Matters	7

Our Vision: Love God and Love People

MOTHERS AGAINST DRUNK DRIVING

An example of people's initiative to change social behavior
- Ps. Raju Thomas

Candice Lightener lost her 13 year old daughter Cari in 1978 by a drunk hit and run driver in Fair Oakes, California. She converted her grief into action by registering Mothers Against Drunk Driver (MADD) in 1980, an initiative to prevent drunk driving and help the victims.



Effect of drunken driving?

A 1983 TV movie about the story of Lightener resulted in publicity for the group which grew rapidly since then. In the 80s the group attracted the attention of U.S. Congress. In 1984 a Federal law raised the minimum age for drinking from 18 to 21 and also asked the states to raise taxes on alcoholic beverages. Becky Brown lost her son Marcus age 18 from injuries suffered in a traffic accident involving a 19 yr old drunk driver. She and Cindy Lamb whose daughter became the youngest quadriplegic in the U.S. at the hands of another drunk driver joined the movement to pass stringent laws against drunk driving and help the victims.

P

- Continued →

WRITE TO US: faithwalk@pfccindia.org

The following are some of the strategies their movement adopted to reduce accidents caused by drunk driving.



1. Passing Legislation

- -Stringent laws to raise minimum age for drinking
- -Raise taxes on alcoholic beverages making it very costly to drink.
- -The acceptable level of alcohol in the blood be lowered for drivers.

2. Law Enforcement

- -Road patrolling by traffic cops equipped with breath analyzer to check on errant drivers.
- -Suspension of license and jail term for repeated offender.





- -Distribution of pamphlets on the evils of drunk driving
- -Seminars on road safety and helping victims of drunk driving
 - -Promoting social get together without serving alcohol
- -Designated non alcoholic driver for those who imbibe alcohol in social gathering
- -Keeping the telephone numbers of taxi services to transport drinkers
 - -Get celebrity endorsements etc.



January 2014 Page 7

Be the Change! - by Dr. Mathews



Change the way we feed and care for our children!

Childhood obesity and its consequences are fast becoming a problem in India. We as parents tend to over feed our chil-



dren, and forget to take our kids for walks and engage in much physical activity. Kids sit in front of the television the laptop or PlayStations. We never encourage cycling though this may partly be due to safety reasons too.

Our mindset has to change. Recognize that childhood obesity is far worse than

that of an adult and as your child grows will be obese with diseases like diabetes. Stop calling them cute but feel responsible for the change.

How can we help our children?

- 1. Encourage outdoor games; insist a time when they have to be outdoors to play. Encourage cycling, swimming etc. Walk as far as possible instead of using cars.
- 2. Set an example by eating healthy and balanced diet at home. If you are not aware find out what is healthy to eat for all the three meals. Have no different meal for your child. As soon as possible encourage your child to eat what is cooked for the family.
- 3. Don't over feed the child or stuff things in. Only give when the child is hungry.
- 4. Have multiple snacking for your growing child, but ensure that the snacks are healthy!
- 5. Always eat as a family at the table after a thanks-giving prayer. This encourages discipline, good table manners, a chance to set example by eating slowly and quietly.



Faith of our fathers, living still, In spite of dungeon, fire, and sword; Oh, how our hearts beat high with joy Whene'er we hear that glorious Word!

Refrain: Faith of our fathers, holy faith!

We will be true to thee till death.

Faith of our fathers, we will strive
To win all nations unto thee;
And through the truth that comes from God,
We all shall then be truly free.

Faith of our fathers, we will love
Both friend and foe in all our strife;
And preach thee, too, as love knows how
By kindly words and virtuous life.

January 2014 Page 3

This is just an example of what can be done about many of the social ills affecting our society. As the adage goes 'Think globally, but act locally' is true to the scripture. John 3.16 tells us that God loves the world but the effective out working of that remains with individuals in their life settings.

May the Lord cause you to rise up in our generation to be a catalyst for change.

- Ps. Raju Thomas



- Libi's selections

I saw a man at the beach screaming, "Help, Shark, help!" I laughed because I knew the shark wasn't going to help him.



A lad comes home from school and excitedly tells his dad that he had a part in the school play and he was playing a man who had been married for 25 years. The dad says, "Never mind son, maybe next year you'll get a speaking part.

A policeman pulled me over and said "papers". I replied "scissors, I win" and drove off. He must want a rematch because he's been chasing me for miles now...

I'm not saying not to trust the Internet, but there's an alarming discrepancy between the number of iPads I've won, and the number of iPads I own.



The Early Church Fathers



10th century Byzantine

Beginning this month we present a series on the life and works of the early church fathers. We are instructed by the writer of the letter to the Hebrews "Remember those who led you, who spoke the word of God to you and considering the result of their conduct imitate their faith"

Hebrews 13:7

Ignatius of Antioch (35-107 AD) was probably a disciple of Apostle John. During the time of the emperor Domitian (81-96 AD) when Christians were persecuted, Ignatius sustained the faith of his spiritual flock by daily preaching and with prayer and fasting. There is a legend that the emperor Trajan who succeeded Domitian examined



The Colosseum today

the aged Ignatius and ruled that Ignatius should die for his faith.

Ignatius had confessed that Jesus Christ dwelt within him and was earnestly looking to be admitted into His kingdom.

Ignatius was martyred at the Colosseum in Rome. He contributed to the development of Church doctrine.

Seven letters written under the name of Ignatius are considered authentic by scholars.

January 2014 Page 5

They throw light on the organization, beliefs and practices of the Christian Church, about 85 years after Christ's death. Ignatius is the first, outside the New Testament writers who emphasized the Virgin Birth of Jesus Christ. He plainly takes for granted the doctrine of the Trinity. The ex-



The clear light of true doctrine

pression "Catholic Church" was first used by him in Christian literature and it meant the whole church that is one and same wherever there is a Christian congregation.

He fought against rampant heresies in his time. One of them being the Docetic teaching denying the humanity of Jesus Christ. In his letter to the Smyrneans he writes: "Let no man deceive himself, unless he believes that Christ Jesus has lived in the flesh, and shall confess His cross and passion, and the blood which He shed for the salvation of the world, he shall not obtain eternal life".

To the Romans he writes concerning his imminent death:

"The goals of the earth and the kingdoms of this world shall profit me nothing. It is better for me to die for the sake of Jesus Christ than to reign over the ends of the earth. I seek Him who died for us. I desire Him who rose".

Ignatius was a true soldier of Jesus Christ who fought bravely for the truth entrusted him. As a true pastor he encouraged, exhorted and protected his sheep from false doctrines, and finally laid down his own life like Jesus Christ who said "I am the good shepherd; the good shepherd lays down His life for the sheep" John 10:11